

## FOUNDATIONAL AREA:

# Maternal, Child, and Family Health

## SPECS

Healthy People 2030 says improving the well-being of mothers, infants, and children is an important public health goal. Their well-being determines the health of the next generation and can help predict future public health challenges for families, communities, and the health care system.

This foundational area of public health expertise includes addressing conditions that affect health behaviors and improving wellness indicators for women, children, and families.



Foundational Capabilities Foundational Areas

## RESOURCES

- 📄 Maternal, Child Health Block Grant, DHSS
- 📄 Maternal, Infant, and Child Health, Healthy People 2020, CDC
- 📄 Family-focused Public Health: Supporting Homes and Families in Policy and Practice (2019), NIH
- 📄 Family Health, CDC
- 📄 Missouri AIM Severe Hypertension Pregnancy Toolkit, Missouri Hospital Association
- 📄 State Infant Mortality Toolkit, AMCHP
- 📄 Preventing Adverse Childhood Experiences: Leveraging the Best Available Evidence, CDC

## DISCUSSION

1. What are the primary trends in maternal, child, and family health in our community?
2. How can we better partner with local organizations to collaborate on maternal, child, and family health issues?
3. What changes does our organization need to make to our community health improvement plan to address health inequities among maternal, child, and family populations?

## APPLICATION

1. Identify the impact that [adverse childhood experiences](#) are having on population health in our community.
2. Gain a better understanding of how mental, physical, and social health determine health trajectory throughout the [life course](#).

#HealthierMO is a grassroots initiative to transform Missouri's public health system into a stronger, more sustainable, culturally relevant and responsive system that can offer every Missourian the fair opportunity for health. #HealthierMO is a project of the [Missouri Public Health Association](#), with support from [Missouri State University](#). Funding is provided by [Missouri Foundation for Health](#) and [Health Forward Foundation](#).