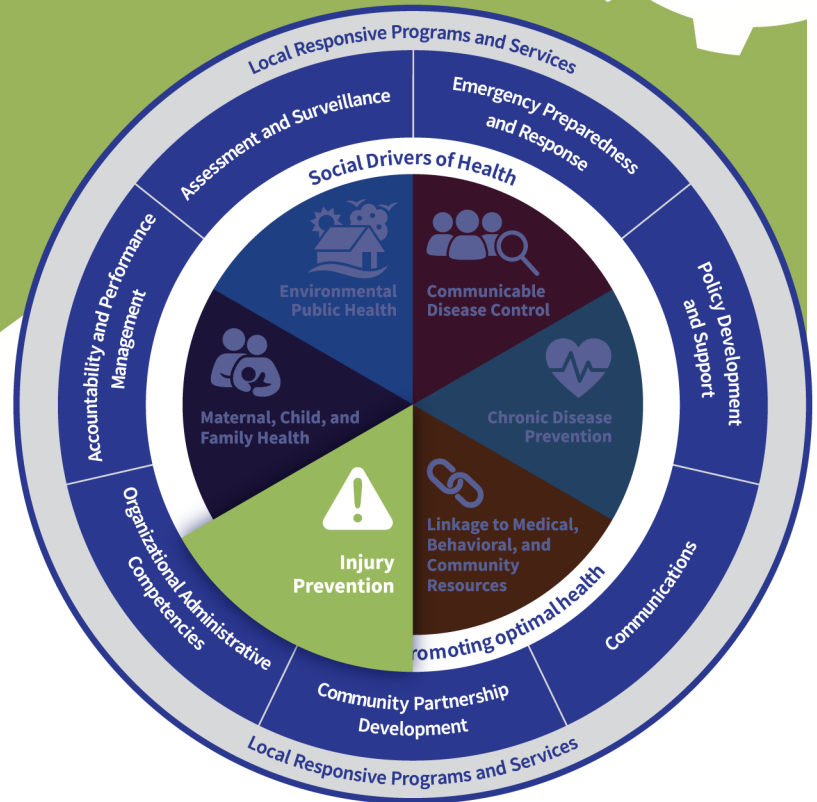




FOUNDATIONAL AREA: Injury Prevention

SPECS

Most injuries are preventable. Public health agencies work with partners through four steps to identify the causes and prevent injuries. Agencies start by using data to define which injuries are occurring and to whom. They look at trends – how injuries are changing over time – and what impact injury prevention programs are having. Secondly, agencies try to understand why injuries are occurring – what factors are putting people at risk for injury. Thirdly, public health agencies and their partners develop and test prevention strategies and programs. They study how well the programs work to prevent additional injuries, and make adjustments as needed. Finally, agencies apply what they've learned to preventing other types of injuries.



Foundational Capabilities



Foundational Areas

DISCUSSION

1. What do our data reveal about injuries in our community?
2. Which preventable injuries would our community have an interest in working to reduce?
3. What upstream factors are putting people at risk for injuries in our community?
4. What evidence-based injury prevention strategies should we consider working with our partners to implement?

APPLICATION

1. Evaluate [evidence-based strategies](#) based on their effectiveness, resource needs, and application to our priority health issues.
2. Work with partners to identify and implement policies, [education, and interventions](#) that will mitigate injury risk factors.

RESOURCES



- 🔗 [Injury and Violence Prevention, DHSS](#)
- 🔗 [Injury and Violence Prevention, CDC](#)
- 🔗 [Safe Kids, DHSS](#)
- 🔗 [Web-Based Injury Statistics Query and Reporting Systems, CDC](#)
- 🔗 [Supervisor Toolkit: Injury Prevention, UCDavis](#)
- 🔗 [Injury Prevention Outreach Program, MU Health](#)

#HealthierMO is a grassroots initiative to transform Missouri's public health system into a stronger, more sustainable, culturally relevant and responsive system that can offer every Missourian the opportunity to live their healthiest life. #HealthierMO is housed at the [Ozarks Public Health Institute](#) at [Missouri State University](#). Visit [HealthierMO.org](#).