

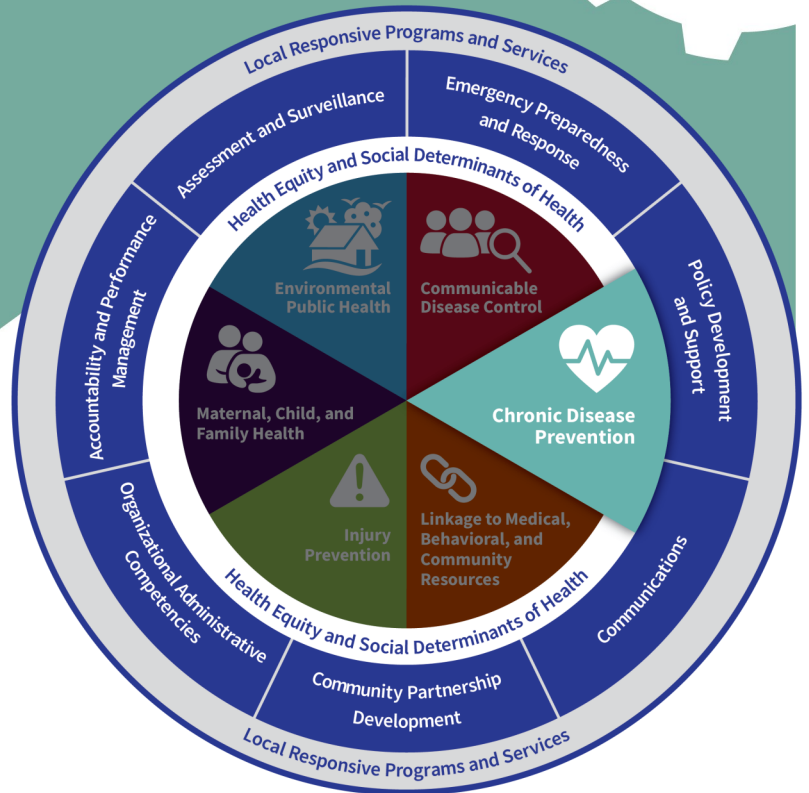
FOUNDATIONAL AREA:

Chronic Disease Prevention

SPECS


Chronic diseases are conditions that last for a long time and generally can't be prevented by vaccines or cured by medicine. Chronic diseases usually require ongoing medical attention and may limit daily activities. Examples are diabetes, arthritis, cancer, heart and lung disease, asthma, and obesity.

Almost 9 in 10 Americans over age 65 have at least one chronic health condition. Public health agencies work with partners to share information, develop policies, and create environments that support activities to prevent chronic disease – activities like smoking cessation, healthy eating, and exercising.



 Foundational Capabilities  Foundational Areas

RESOURCES

-  [Chronic Disease Prevention and Management, DHSS](#)
-  [List of Chronic Diseases, DHSS](#)
-  [Chronic Disease Indicators by State and Indicator, CDC](#)
-  [Chronic Disease Toolkit, DHSS](#)
-  [Chronic Disease Prevention Messaging Toolkit, NPHIC](#)
-  [Chronic Disease Prevention Toolkit, NACCHO](#)
-  [Advancing Health Equity and Preventing Chronic Disease, CDC](#)

DISCUSSION

1. How are environmental factors in our community shaping health?
2. What policies, system changes, and environmental improvements are needed to mitigate and manage chronic diseases?
3. What upstream factors are putting people at risk for chronic diseases in our community?
4. What evidence-based prevention strategies should we consider working with our partners to implement?

APPLICATION

1. Identify root causes and social determinants of health that influence chronic diseases.
2. Review community level data on behavioral factors that influence chronic diseases.

#HealthierMO is a grassroots initiative to transform Missouri's public health system into a stronger, more sustainable, culturally relevant and responsive system that can offer every Missourian the fair opportunity for health. #HealthierMO is a project of the [Missouri Public Health Association](#), with support from [Missouri State University](#). Funding is provided by [Missouri Foundation for Health](#) and [Health Forward Foundation](#).